

## Janesville United Methodist Church

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#### September 2021 Newsletter

**Janesville United Methodist** 



Once upon a time, a psychology professor walked around on a stage while teaching stress management principles to an auditorium filled with students. As she raised a glass of water, everyone expected they'd be asked the typical "glass half empty or glass half full" question. Instead, with a smile on her face, the professor asked, "How heavy is this glass of water I'm holding?"

Students shouted out answers ranging from eight ounces to a couple pounds.

She replied, "From my perspective, the absolute weight of this glass doesn't matter. It all depends on how long I hold it. If I hold it for a minute or two, it's fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralyzed, forcing me to drop the glass to the floor. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it feels to me."

As the class shook their heads in agreement, she continued, "Your stresses and worries in life are very much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little. Think about them all day long, and you will feel completely numb and paralyzed – incapable of doing anything else until you drop them."

The Moral of the Story: On days when you're stressed out and feeling overwhelmed, learn to embrace the inevitable and let go. Some things cannot be controlled and no amount of worrying could put all your burdens away. Instead of letting stress get to you, embrace it and conquer it. Let yesterday's worries inspire you to a productive day.

JUMC Office Hours - Mondays thru Thursdays from 8:00 to 11:00.



<u>Liturgists</u>	Guest Speakers	<u>Ushers</u>
<u>in September</u>	in September	<u>in September</u>
<u>September 5</u>	<u>September 5</u>	<u>September 5</u>
Barb Hamlyn	John Cooper	Dick & Karen Funk
<u>September 12</u>	September 12	<u>September 12</u>
Lorraine Hallberg	Pat Benda	Dick & Karen Funk
September 19	<u>September 19</u>	<u>September 19</u>
Sharon Heiser	Rev. Jan Burnett	Dave Beenblossom
<u>September 26</u>	<u>September 26</u>	<u>September 26</u>
Virginia Robinson	Rev. Jan Burnett	Dave Beenblossom



#### **Volunteers are needed!**

If you would like to help serve our church in ANY way (as a liturgist, or an usher, or anything you would like to do to help serve God and His church), please contact Sharon Heiser, Nancy Beenblossom, or the church office.

Ushers are needed! Any Sunday that works for you can be adjusted into the schedule!

### **September Birthdays and Anniversaries**

September Birthdays Samantha Reid 9/1	
Florence Shepherd	9/1/
Renee Timion	9/1
Jillian Jones	9/2
Lance Woodyard	9/2
Mackenzie Whitney	9/3
Jerod Fisher	9/4
Amber Heiser	9/4
Matt Westendorf	9/8
Robert Fisher	9/9
Robert Bertram	9/10
Neal Moses, Jr.	9/11
Terri Fisher	9/11
Landon Destival	9/12
Donovan Erbes	9/13
Karen Funk	9/14
Sharon Heiser	9/14
Season Buchholz	9/15
Tracy Graves	9/15
Jenifer Cooper	9/16
Kim VerSteeg	9/17
Kathy Kessel	9/17
Alan Fisher	9/18
JoAnne Dierks	9/19
Melanie Fisher	9/20
Darlys Saunders	9/20
Chelsey Cooper	9/21
Walt Tarter	9/22
Lawrence Mau	9/23
Jaden McGhee	9/25
Michelle Osborn Walt Ruth	9/25 9/26
	9/26
Dave Beenblossom	9/29
Evelyn Turner Elizabeth Foelske	9/29
LIIZADGIII I UGISKG	3/30

September Anniversaries	
Jack & Delberta Fisher	9/2
Rich & Karen Borglum	9/3
Tom & Mary Harrold	9/3
Aaron & Sandra Johnson	9/12
Andrew & Lindsey Eibey	9/14
Chris & Rachael Coffman	9/16
Lance & Amie Woodyard	9/20
Lawrence & Cindy Mau	9/21
Walt & Gerry Tarter	9/21
Robert & Sharon Barr	9/22

Please notify the church office if we have missed a birthday or anniversary so we can publish it next year.



Sunday School will be starting up on **September 19 at 9:15.** 

All children are welcome to come join in the fun!

P.S. Unfortunately, we will not be going on our trip to Palmer's this year.

#### Mens' Prayer Breakfast

Gary Shaulis is considering starting up the monthly Mens' Prayer Breakfast. If you are interested in helping or just want to get back to meeting for prayer and fellowship, contact Gary so he knows if there is an interest in starting up again in October.





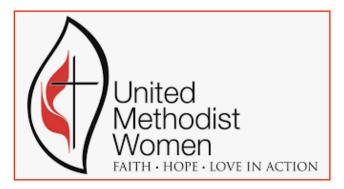
#### **Imagine No Malaria**

During the months of July and August, we collected **\$245.00** for the Imagine No Malaria campaign. This money will be sent to help rid the world of malaria. Thank you for your generous donations!

#### **Backpack Program**

Starting September 12th, through the end of October, we will be collecting donations for the Food Bank's backpack program. Each week, they pack and deliver bags of easy-to-fix, kid-friendly meals and snacks to supplement the diets of children while they are not in school. Last year, they delivered over 127,000 bags throughout the 16 county service area, serving 80 different school sites.

It costs the Food Bank \$3.40 per bag. If you would like to help with a donation, make your check out to the church with "backpack" in the memo part. Watch our recording station in the sanctuary for our donation total to grow!



The ladies of the UMW plan to meet on **September 2 at 1:00**. Circle chairs will be meeting prior at **12:30**.

The Trustees are planning a fall cleanup day. The date and more information will be announced later.

#### Shepherds

In the past, our JUMC Shepherds have gone out to visit nursing homes and shut-ins who are members or friends of our congregation. Due to safety protocols and pandemic uncertainty, our Shepherds are not currently doing inperson visits, but they continue to reach out by making phone calls and sending mail to everyone on their list (see following page).

The list of people to visit gets longer all the time, so any volunteers to help would be greatly appreciated.

If you would like more information or lists and schedules, contact the church office or Janet Destival.

# Prayer Requests

Our JUMC Shepherds will not be making in-person visits until further notice, but they will continue to reach out by mailing cards and making phone calls..

Prayers for our Shepherds and those who will be visited by them:

Flo Shephard

Marlys Cook

De & Carol Dix

Georgia Eibey

Marilyn Taylor

**Harriet Schares** 

Bill Burman

**Evelyn Wubbena** 

Lois Boeck

**Lorraine Hallberg** 

Lolita Huber

Lavonne Dorman

Char Brickman

**Betty Betsinger** 



Please keep them in your prayers
Wendy Brace

Johnny & Esther Folkerds

**Barry Huber** 

**Dorla Dutcher** 

Jane Fauser's sister, nephews, and granddaughter

Please notify the church office if you, yourself, or someone you know needs to be put on our prayer lists.

Our lists are in need of updating, and your help would be greatly appreciated.



Methodist Church

Remember - You can see us on Facebook - we are now called "Methodist Church".

on <u>Sunday, September 12</u>, immediately following worship.

There will be a brief Ad. Council Meeting

We will be discussing church finances and the future. **Everyone is welcome to attend.** 

Thanks to everyone who who sent cards to my parents for their 50th anniversary. ~Lisa Kiene



We would like to thank all of the ladies who took time to make the pies for our RAGBRAI Booster Club fund raiser. We were able to sell all **600** of the pies.

Thanks to all of your hard work, we were able to raise **\$1,750** for the Booster Club. We sincerely appreciate everything you did for us.

Thank you,
Janesville Wildcat Booster Club

#### Dear Friends in Mission,

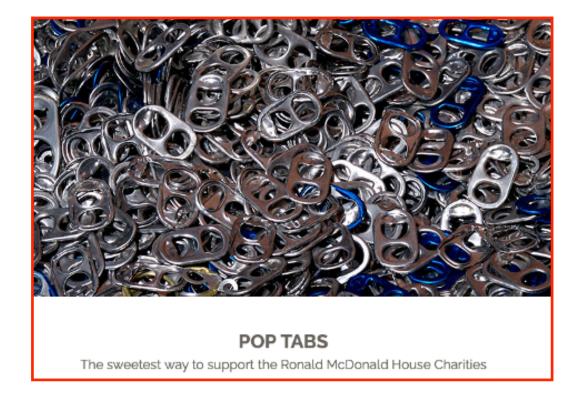
The dear people you just helped with your gift to UMCOR may never have the opportunity to meet you, but if they did, I am certain their response would be - THANK YOU!

Through your financial support YOU ARE SERVING within a vital network of interactive relationships in the US and in more than 60 countries in which UMCOR and partnering agencies engage in direct ministry to persons in need.

~Grace and Peace from UMCOR

Thank you for such a wonderful worship service with Pastor Fred. We were so happy to receive an invite back to Janesville United Methodist Church. As usual, we received such a wonderful welcome, and it was so good to see so many familiar faces, and talk to so many people, topped off with a great meal and of course the pie. Janesville United Methodist Church and its congregation will always be close to our hearts.

~Laurie and Dennis Dilley



<u>Pull tabs from soup cans can also be donated.</u>

A basket for your donations is by the front entrance of the church.

#### Fun Pull-Tab Facts...Did you know?

- At a recycling rate of \$0.30 to \$0.60 per pound, it takes about 235 pounds of pop tabs to cover the cost of caring for a family for ONE night at Ronald McDonald House.
- If a magnet sticks, it's not aluminum. Run a magnet over pop tabs and pick out items that stick to magnet.
- The tab contains more aluminum than the entire can.
- The pop tab was invented in 1974.
- One pound of aluminum makes about 30 soda cans.
- Aluminum does not rust.
- 10,433 empty aluminum beverage cans weigh as much as a baby elephant!
- Recycling one aluminum can saves enough energy to run a television for 3 hours.

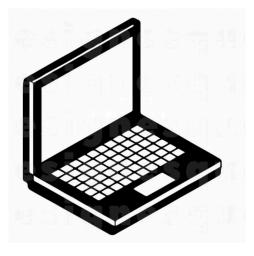












## Social distancing does not apply to God - draw near to Him!!

A pastor once had a standard liturgy for funerals. To personalize each service, he used the Find and Replace command on his computer to replace the name of the deceased from the previous funeral with the new name.

One morning, a funeral was going smoothly until the Apostles' Creed. "Jesus Christ," the congregation read from the program, "born of the Virgin Edna..."

"The Christian does not think God will love us because we are good, but that God will make us good because He loves us."

~ C. S. Lewis





God of grace and God of mercy

We come to You in fervent and collective prayer for the

hurting

hungry

and vulnerable

in our families churches and neighborhoods in our cities country and around the world.

God in your mercy, hear our prayer.

#### James 5:16

"Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective."